

Indian Institute of Technology Indore



December 2025

[After incorporating decisions of the 59th meeting of the Senate held on 22 December 2025]

Societal-Connect basket
Course Structure of courses offered by the Center for Pedagogy and Curricular Excellence (From AY 2025-26 onwards)

(Senate Resolution 59.7)

1. CP 202/302/402 - Understanding Harmony (1-0-1-1.5)



Course code	CP 202/ 302/ 402
Title of the course	Understanding Harmony
Course Category	Societal-Connect basket
Credit Structure	L - T - P - Credits 1-0-1-1.5
Name of the Concerned Department	Center for Pedagogy and Curricular Excellence (CPCE)
Pre-requisite, if any	NIL
Scope of the course	<ul style="list-style-type: none"> Understanding (or developing clarity) of nature, society, and larger systems, on the basis of self and human relationships, and resolved individuals.
Course outcome	<ul style="list-style-type: none"> Sensitization of students towards issues in society and nature. Appreciating empathy/feelings in human relationships Strengthening of self-reflection. Development of commitment and courage to act.
Course Syllabus	<p>Process of Education & Self-Exploration: Historical development of humankind; Method in education: Proposal, Examine/Experiment, Verify; Observation of self.</p> <p>Happiness, Prosperity: Happiness - Common aspiration underlying all desires; Prosperity; Continuity of happiness and prosperity; Pleasure - Sensory-based happiness from physical facilities; Happiness from sambandh (relation), lakshya (goal).</p> <p>Self & Body: Self and body; People make a list of their desires; Classify desires into: for body, for self, or for both; Cross-wiring of desires.</p> <p>Relationships in Family, Gratitude: Relationships or feelings in family; Recognition of bhaava (feelings), external expression based on bhaava (feelings), evaluation in self, mutual fulfillment. Nine mulyas (values); Mulya (value): Gratitude.</p> <p>Mulya: Trust - Definition of trust; Understanding Intention & Competence; Mulya: Respect - Other human being is like me; Right evaluation; Observation/assessment of understanding and feelings.</p> <p>Nature - Four Orders: Nature, Environment; Human Order analyzed; Avoiding my waste.</p> <p>Society & Community: Five Aspects of society; Humanity goal - akhand samaaj (harmonious society), sarvabhaum vyavasthaa (universal order).</p> <p>Practical:</p> <ul style="list-style-type: none"> How do you behave and work in real life? What are your desires? Depending on the nature of topics, activities will be conducted, including experiments in their life. Films will be used to convey critical points. Home assignments and worksheets will be part of the course. Group discussions and providing support to a student in performing actions commensurate with his/her beliefs. This would lead to the

	development of commitment.
Suggested Books	<p>Textbooks:</p> <ol style="list-style-type: none"> 1. R.R. Gaur, R. Sangal, and G.P. Bagaria, A Foundation Course in Human Values and Professional Ethics, Excel Books, New Delhi, 2010, ISBN: 978-8174467812. <p>Reference books:</p> <ol style="list-style-type: none"> 2. A.N. Tripathi, Human Values, New Age Intl. Publishers, 2009, ISBN: 9788122425895. 3. A. Leonard, The Story of Stuff, Free Press, 2010, ISBN: 9781439148785. 4. M. K. Gandhi, The Story of My Experiments with Truth, Pirates, 2024, ISBN: 978-9394105089. 5. J. Krishnamurti, On Education, Krishnamurti Foundation India, 1974, ISBN: 978-8187326007. 6. H. Hesse, Siddhartha, Fischer Verlag, 1981, ISBN: 978-0553208849 7. T. N. Hanh, Old Path White Clouds, Parallax Press, 1987, ISBN: 9780938077268.

